

**Table 20-21.** Selected human foods to limit or avoid feeding to dogs with calcium oxalate uroliths.\*

<b>Food items</b>	<b>Moderate/high-calcium foods</b>
<b>Meats</b>	Bologna (M) Herring (M) Oysters (M) Salmon (H) Sardines (H)
<b>Vegetables</b>	Baked beans (M) Broccoli (H) Collards (H) Lima beans (M) Spinach (M) Tofu (soybean curd) (M)
<b>Milk and dairy products</b>	Cheese (H) Ice cream (H) Milk (H) Yogurt (H)
<b>Breads, grains, nuts</b>	Brazil nuts (M)
<b>Miscellaneous</b>	Cocoa (M) Hot chocolate (M)
<b>Food items</b>	<b>Moderate/high-oxalate foods</b>
<b>Meats</b>	Sardines (M)
<b>Vegetables</b>	Asparagus (M) Broccoli (M) Carrots (M) Celery (H) Corn (M) Cucumber (H) Eggplant (H) Green beans (H) Green peppers (H) Lettuce (M) Spinach (H) Summer squash (H) Sweet potatoes (H) Tofu (H) Tomatoes (M)
<b>Fruits</b>	Apples (H) Apricots (H) Cherries (M) Most berries (H) Oranges (M) Peaches (M) Pears (M) Peel of lemon, lime or orange (H) Pineapple (M) Tangerine (H)
<b>Breads, grains, nuts</b>	Corn bread (M) Fruit cake (H) Grits (H) Peanuts (H) Pecans (H) Soybeans (H) Wheat germ (H)
<b>Miscellaneous</b>	Beer (H) Chocolate (H) Cocoa (H) Coffee (M) Tea (H) Tomato soup (H) Vegetable soup (H)

Key: M = moderate; feed in limited amounts. H = high; avoid feeding.

\*Adapted from Wainer L, Resnick VA, Resnick MI. Nutritional aspects of stone disease. In: Pak CYC, ed. Renal Stone Disease, Pathogenesis, Prevention, and Treatment. Boston, MA: Martinus Nihoff Publishing, 1987; 85-120. Burroughs M. Renal diseases and disorders. In: Nelson JK, Moxness KE, Jensen MD, et al, eds. Mayo Clinic Diet Manual, 7th ed. St. Louis, MO: Mosby, 1994; 208-209.